



# UOL BULLETIN

UKRAINIAN ORTHODOX LEAGUE OF THE UNITED STATES OF AMERICA

*Dedicated to our Church -- Devoted to its Youth*

VOL. 66 NO. 4

MARCH 2020

## Sharon, Pa. - St. John the Baptist Reestablishes their Junior UOL Submitted by Joe Goodge

On November 17<sup>th</sup> the Junior UOL at St. John the Baptist Ukrainian Orthodox Church in Sharon, Pennsylvania was reestablished. Advisors are Carol Novosel and Seminarian James Cummings. At their first meeting officers were elected and are as follows: President - Charles Ames, Vice President - Andrew Bungar, Treasurer - Caden Hassler, Auditor - Mark Ames, Recording Secretary - Marcia Goodge, Corresponding Secretary - Marlenna Hassler, Publicity - Matthew Worona and Sam Goodge. Since being reestablished the group has performed St. Nicholas day activities, and gone Christmas caroling to our shut-ins and local nursing home residents. We have had fundraisers, made and distributed care packets for the homeless, and assisted in the parish's tureen dinner. Our Junior UOL is off to a good start and looking to continue to glorify God in word, deed and thought.

Pictured are the following members: Back Row: Mark Ames, Charles Ames

Middle Row: Andrew Bungar, James Cummings (advisor), Matthew Worona

Front Row: Caden Hassler, Sam Goodge, Marlenna Hassler

Missing from photo: Alorah Boyd, Ace Maluk and Marcia Goodge



Members of the Junior UOL in Sharon, PA go caroling.

## SS. Peter & Paul Carnegie, PA Submitted by Susan Leis

At our recent monthly UOL meeting, Father John was asked for his report as Spiritual Advisor. He said, "I'm happy!" We all joked that a happy priest makes a happy parish. Afterwards he added that he was happy because our chapter continues to make a presence in the parish as well as our community, but even more so, we have become more spiritual. As a group, we are participating more in attending Vesper Services, Grand Complines, and Feast Day Liturgies. We have members participating in the Praying Your Way Through Dormition Lent, through Advent, and through Great Lent events sponsored by the National UOL. From August 14<sup>th</sup> through the 26<sup>th</sup>, members came to church to pray the Akathist to the Wonderworking Icon of the Most Holy Theotokos "Pantanassa" Healer of Cancer. Some attended every service, others came when they could, but it brought us all closer spiritually. It was the perfect way to prepare for the visit of the Myrrh Streaming Icon Tender Heart from Taylor, PA in early September.

We continue to serve the community through...food! In August, we were asked to have a Pierogi Making Workshop. Our first attempt was very well



received and everyone left with a small batch of pierogies to eat at home. We are planning on making Pierogi Workshops part of our repertoire of annual events.



In September we hosted our Annual Food Festival which is always a fun filled time for the whole Carnegie Community! We had Ukrainian music to entertain our guests as they dined on the staples of Ukrainian cuisine. In early October, we attended Carnegie's Fall Fest and participated in the Pierogi Contest. We became Carnegie's Pierogi Champs, complete with a Pierogi shaped

(continued on page 7)

*St. Vladimir's Senior and Junior UOL cordially invite you to the 73<sup>rd</sup> Annual UOL Convention!*

*July 22 - 26, 2020*

*Philadelphia, PA*

*For we walk by faith,*



*not by sight. Corinthians 2 5:7*

**UOL BULLETIN** - The official publication of the Ukrainian Orthodox League of the United States of America. Circulated to all UOL Members.

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UOL Bulletin - Published six times annually - October, November, January, March, April /May and June.

**The absolute deadline for each monthly issue is the 1st of the prior month. Photos will not be returned.**

**Note to Contributors:** All articles submitted to the UOL Bulletin must be in 11 point Times New Roman (font), or typed and double spaced in 12 point type. Articles may be submitted via e-mail attachments. (Submit to: nsuflier@aol.com). If submitting photos please be sure to obtain consents for photos to be included in the UOL Bulletin.

The editor reserves the right to condense any material submitted. Material cannot be returned.

## UOL Supports our St. Sophia Seminary

Submitted by Patricia Walton, Second Vice President

With the increase of students at St. Sophia Seminary the UOL Past President John Holowko presented a check to Metropolitan Antony and Archbishop Daniel at the Ordination of Yurii Bobko for \$2500.00 to use towards the purchase of bed frames, mattresses and box springs. This project was originally organized by Father Pasakas and the parishioners of the Nativity of the Birth-Giver of God Ukrainian Orthodox Parish in South Plainfield, NJ.

We are thankful to all our UOL members who give to our Annual Fund Drive and make these donations possible.





**UKRAINIAN ORTHODOX LEAGUE OF THE USA**  
DEDICATED TO OUR CHURCH ✝ DEVOTED TO ITS YOUTH

# IN SEARCH OF GOD!

**2020 Pan-Orthodox LENTEN RETREAT**  
8:30 AM - 5:00 PM  
Saturday, March 28, 2020

*Who is your God?*  
The Call of Great Lent: Finding God through Repentance  
Holy Things are for the Holy: Finding God in Liturgy  
Finding God in One Another

*"Who is so great a God as our God?  
You are the God who works wonders."  
(Sung at Vespers on the  
the Sunday of Orthodoxy)*

Sponsored by the Ukrainian Orthodox League of the USA  
Senior and Junior Retreat Tracks

**VILLA MARIA SPIRITUAL AND EDUCATIONAL CENTER**  
2067 Evergreen Road, Villa Maria, PA 16155

Registration Fees: Adult \$35.00 ✘ Full-time Students \$15.00 ✘ Ages 10 - 18 Free

To register: Complete the Registration Form and send it to the address on the Form or Visit us online at <https://www.uolofusa.org/lenenretreat>  
Overnight accommodations available at Villa Maria. If you are interested in booking a room(s), or for more information email [OhioWPA LentenRetreat@gmail.com](mailto:OhioWPA LentenRetreat@gmail.com) or call text 412-565-9441

Join us for an inspiring and uplifting day of prayer, reflection, inspiring talks, discussion, activities and great food

# MESSAGE FROM THE SENIOR UOL PRESIDENT Karen Ferraro



Glory to Jesus Christ! Слава Ісусу Христу!

As you read through this edition of the UOL Bulletin, please make note of all the wonderful activities that are in process or quickly approaching! Allow me to highlight a few:

Our Praying Our Way series continues with this year's Great Lent event. This is an opportunity to enrich our own prayer life by participating in an activity that allows us to complete readings at a time that is convenient for us, while at the same time making prayerful connections with others as we pray by name for our prayer partner and other members of the group!

We have two retreats coming up – one at Villa Maria in Western, PA on March 28<sup>th</sup> and one in Bethlehem, in Eastern, PA on April 4<sup>th</sup>. The organizers of these two retreats do a fantastic job putting together programs to help us grow in the Faith just when we need it – during Great Lent. I hope to see many of you at the retreat in Bethlehem – please say hello!

It's Essay Contest Time! Most think of this as a yearly activity for our youth. Well, it is, but did you know there is an ADULT portion of the Essay Contest? Let's strive to increase the number of submissions in our Adult category! Details on the rules of the Essay Contest, information on how to submit your essay, and the questions themselves can be found on the UOL website: <https://uolofusa.org/>. Deadline for submissions is May 2, 2020. Contact Teresa Linck for more information at [tlinck.essays@gmail.com](mailto:tlinck.essays@gmail.com).

UOL Award Nominations are coming due! See the UOL website for more information on the deadlines for these awards, all of which are presented to the 2020 recipients at the Annual UOL Convention.

Senior UOL Awards include the **Metro J. Baran Award** for outstanding service with the youth of the UOC of USA and the **Very Reverend Protopresbyter Stephen Hallick-Holutiak Senior Recognition Award** presented to the Senior "Orthodox of the Year." Please give serious thought to someone deserving of these awards in your chapter or elsewhere in the League. And, of course, don't forget to nominate your chapter for the Senior Chapter Achievement Award (aka Chapter of the Year).

Junior UOL Awards include the **Lynn Sawchuk-Sharon Kuzbyt Memorial Scholarship (LSSK)** and the **Very Reverend Volodymyr Bukata Award**, considered the Junior "Orthodox of the Year." Be sure to see the UOL website for the criteria required to apply for an LSSK scholarship and encourage our Juniors to apply.

I can tell you from personal experience that the Philadelphia UOL Chapter is SO excited to host the 73<sup>rd</sup> UOL Convention on July 22<sup>nd</sup>-26<sup>th</sup> in the greater Philadelphia area! Come join us! Consider inviting UOL members who have never been to a convention or have not come to the convention in several years. Our convention will focus on serious topics related to our youth. Your voice is important to our discussions!

I leave you with these words of our Lord, God, and Savior Jesus Christ as we go through our Lenten journey, attending retreats together, meeting in our prayer groups, or attending the various services as a family in Christ: **"For where two or three are gathered together in My name, I am there in the midst of them."** Matthew 18:20

In Christ,  
Karen Ferraro

Start making your plans to attend the  
73rd Annual  
UOL Convention  
in  
Philadelphia, PA  
July 22-26, 2020  
Registration material  
in this Bulletin



73rd Annual UOL Convention - Philadelphia, PA July 22-26, 2020

Summary of Events

Wednesday Evening, July 22, 2020 – Hospitality

Welcome for delegates and guests at the Crowne Plaza Hotel.

Thursday Morning, July 23, 2020 –

Following Divine Liturgy, Brunch at the Crowne Plaza Hotel.

Thursday Evening, July 23, 2020 – American Bandstand – Philly Style Fare St. Vladimir Ukrainian Orthodox Cathedral Hall

Hosted by DJ Al Shinn

Friday Evening, July 24, 2020 –

Coney Island Fun – Varenyky/pierogie Eating Contest, Games including “Doorak” (Ukrainian card game) tournament

Tryzub Ukrainian American Sport Center

Saturday Evening, July 25, 2020 –

Banquet and Ball at Crowne Plaza Hotel

Entertainment by Soloway Band – Live Ukrainian music

Sunday Morning, July 26, 2020 – Farewell Luncheon

Immediately following Divine Liturgy

St. Vladimir Ukrainian Orthodox Cathedral Hall



MESSAGE FROM THE JUNIOR UOL PRESIDENT

Alexis Naumenko



Слава Ісусу Христу! Glory to Jesus Christ!

The Junior UOL extends a warm welcome to all during this Lenten Season. Great Lent is an important time in our lives, a time to focus on bettering ourselves with guidance from Christ. I encourage all of you to take the time during this Great Lent and reflect on ways to strengthen yourself spiritually, whether it is by attending church services more often or by strengthening your daily prayer life, this is the time to reconnect with our Lord and Savior Jesus Christ.

We would like to extend our sincere gratitude to those who participated in this year’s Souper Bowl Sunday fundraiser. For those who are not familiar with what this fundraiser is, it’s quite simple, and this event has been a tradition for many years. Volunteers will make various types of soups and then on Super Bowl Sunday, we put a twist on the word “super” and change it to “Souper,” and sell the soups to raise money for St. Andrew Society. Again, I thank all those who participated, and to those who did not, there is always next year!

During Great Lent, the National Board kicks off the Great Lent Giveaway (GLG). This year the Junior UOL is kicking off GLG with giving back to our Church! The UOC OF USA has a special place in our hearts and after attending the UOC of USA Sobor in October of 2019, the youth has decided to give back to our roots. GLG will be organized by the Office of Youth and Young Adult Ministry and our financial secretary, Rachel Herendza. For more information or any questions on this project, please feel free to contact Rachel at 607-321-3811 or rachharendza@stny.rr.com.

This past January, I had the pleasure to travel to Palos Park, Illinois, and I am very proud to announce the rebirth of their Jr. UOL chapter. I congratulate St. Peter and Paul parish on their outstanding efforts and the parish’s youth on becoming active in their parish’s life. I had the pleasure of meeting several members of their chapter and all of them truly have kind and welcoming hearts. It is elating to see the hunger in these young Juniors’ eyes and how excited they are to be a part of our UOL family. My hope is that with the guidance from the Jr. and Sr. National Boards, this chapter can thrive, and I pray that I get to see these wonderful children participate in the life of the UOL, UOC of USA and our camping ministries.

As the UOL Convention approaches I would like to encourage YOU to participate. As you may know, the UOL convention will be held in my home town, Philadelphia, PA. I strongly encourage everyone to attend! This year will be my last year as a junior. As I prepare to further my education, I hope to see our youth of the Church grow and be passionate about the UOL, but most importantly - about their faith. We hope to see many new and old UOL members this summer!

Wishing everyone a peaceful Lenten season.

As always, for guidance and support, please feel free to contact me at alexisnaumenko20@gmail.com or via telephone (215) 290-7878.

Yours in Christ, Alexis Naumenko

Hear ye! Hear ye! Get your creative juices flowing! We invite all chapters, Junior and Senior, to create and donate a basket of goodies (value of \$50.00 or more) to be raffled at the Convention. Some ideas for Basket themes are:

- Wine lover’s basket Chocolate dream basket
•School supplies basket Scratch-off lottery tickets basket
•Bath and body products basket Italian meal basket
•Beer lover’s basket Cheese and crackers basket
•Cooking utensils /cookbook basket Picnic basket and supplies
•Writing paper / note cards / greetingcards / postage stamps basket

Please let Lydia Economou know by July 1st of your Chapter’s willingness to participate in this event. We are asking for support from all of our UOL Chapters, Senior and Junior. Should your Chapter not be able to deliver a basket, please consider sending a \$50 donation. Your participation in the raffle and your donations will help to make this 73rd Convention a financial success for the entire Ukrainian Orthodox League. We sincerely appreciate your generous support! Lydia Economou lakrupa@verizon.net (856)428-2624



73rd Annual Ukrainian Orthodox League Convention

July 22 – July 26, 2020

Philadelphia, Pennsylvania

“For we walk by faith, not by sight” Corinthians 5:7

REGISTRATION FORM (one per person)



Name: \_\_\_\_\_ E-mail: \_\_\_\_\_

Address: \_\_\_\_\_

Phone:( ) \_\_\_\_\_

Representing: \_\_\_\_\_ (Chapter/Parish)
\_\_\_\_\_ (City/State)

Name Emergency Contact: \_\_\_\_\_ Phone: ( ) \_\_\_\_\_

- Junior Early Delegate/Guest \$195
Senior Early Delegate/Guest \$220
Clergy Early \$200
Pre-Junior Early Registration\*\*\$100
Weekend (Fri, Sat, Sun) Early \$150
Family Early Registration\* \$750
Junior Late Delegate/Guest \$225
Senior Late Delegate/Guest \$245
Clergy Late \$225
Pre-Junior Late Registration\*\* \$125
Weekend (Fri, Sat, Sun) Late \$175
Family Late Registration \$775

\*The Family Early Registration packet price is for 2 adults and 2 juniors. Additional Junior family members beyond the two included in the Family Packet are only \$180 each. If ordering a Family Early Registration Packet, please fill out a separate registration form for each attendee.

\*\*Will Pre-Junior participate in our Pre-Junior Program? Yes No

Early Registration Deadline: Senior, Junior, Pre-Junior and Family Registration payments postmarked by June 25, 2020 qualify for the Early Registration discounts.

Hotel Reservations: Crowne Plaza Hotel, 260 Mall Blvd., King of Prussia, PA 19406 Call (610) 265-7500 to reserve your room under St. Vladimir Ukrainian Orthodox Cathedral by: June 25, 2020 at the “UOL Convention Rate” of \$105/room/night + tax.

Click Here for on-line hotel registration.

Make checks payable to: 73rd UOL Convention
Mail completed form with payment to: Dori Nemeth
2103 Grace Lane
Flourtown, PA 19031

Questions? Call Dori at (215) 913-8703 or send an email to: 73rdUOLconvention@gmail.com

73rdUOLconvention@gmail.com uolofusa.org facebook.com/UOLofUSA

2020 UOL AWARD APPLICATIONS

The 73rd Annual UOL Convention may not be a high priority right now for most, but it is never too early to start to screen applicants in your parish for the awards to be presented at the 2020 Annual Convention to be held in Philadelphia. The National Executive Board is seeking award applicants and would like to encourage parishes to submit applications by the April 30th deadline.

We all have members who have given their time and talents unselfishly, made achievements furthering the aims and goals of the UOL and done truly outstanding work in the Church. It is only right to honor those individuals who deserve recognition. The award applications are easily accessible on the UOL website. We look forward to reviewing many quality applications. If you should have questions regarding the application process please feel free to contact Joseph Goodge.

UOL Annual Fund Drive
How can you help our clergy, our youth and build your own faith?
Support the UOL Annual Fund Drive
We have something for everyone
Lenten Retreats, Clergy continuing education, Seminarian tuition assistance, Junior scholarships
Please take a moment to add a donation using the enclosed envelope and Support your UOL projects today!

### UOL Essay Contest

**Pre –K and Kindergarten:** In the Book of Genesis, Adam and Eve were the first man and woman created by God. They lived in a beautiful garden paradise that God made for them called the Garden of Eden. Draw a picture of what you think the Garden of Eden looked like.

**Grades 1 and 2:** In the Book of Genesis, God told Noah that there would be a great flood and that he should build an ark, take his family, and collect two of each animal, one male and one female. Noah did as he was told. Draw a picture of Noah's ark with all the animals, then write 2 to 4 sentences on how Noah's family kept the faith and prayed to God during the flood.

**Grades 3 and 4:** The 6<sup>th</sup> Commandment says: "Honor your father and your mother..." (Exodus 20:12). Write 50 to 75 words on why you think God made a point of reminding us that we need to honor our mothers and fathers and how we as Orthodox Christians show our faith by honoring our fathers and mothers.

**Grades 5 and 6:** In the book of Ecclesiastes in the Old Testament it says "It is better that you should not vow than that you should vow and not pay" (5:4-6). Write 75 to 125 words on how this verse affects how you live your faith and interact with those around you every day.

**Grades 7 and 8:** The 3<sup>rd</sup> Commandment says: "You shall not take the name of the Lord your God in Vain..." (Exodus 20:7). When we send text messages and emails, we constantly use the phrase "OMG". Do you think this is taking the name of the Lord in vain, why or why not? Write 100 to 150 words defending your position.

**Grades 9 and 10:** The last verse in the Book of Ecclesiastes says, "Fear God and keep his Commandments, for this is the whole man. For God will bring every work into judgement, including everything that has been overlooked, whether it be good or evil." (12:14) Write 175 to 225 on how you walk the Orthodox faith and include God in every action throughout the day.

**Grades 11 and 12:** The 9<sup>th</sup> Commandment says: "You shall not bear false witness against your neighbor." (Exodus 20:16). Write 250 to 300 words on why it is so easy for us to forget and break this commandment in today's technology driven world.

**Adults 18 and over:** In the book of Ecclesiastes it says, "For everything there is a season and a time for every matter under heaven..." (3:1), "a time to kill and a time to heal" (3:3), "a time to love and a time to hate...a time for war and a time for peace" (3:8). In today's society, where we see what we believe to be atrocities against man and God, many ask "How can a benevolent God allow this to happen?" Write 400 or more words explaining how you would answer this question. Remember to use your Bible to defend your answer.

**Dear parents with students that have academic disabilities:** Please have your child write the essay in the category that best matches their academic ability. At award time only the category of A through G will be mentioned, not the grade level.

### CONTEST GUIDELINES AND RULES

1. Entries must be postmarked by May 2, 2020.
2. NO NAMES ON THE FRONT OF ANY ENTRY.
3. You must use the provided cover page. All entries must include the following information:
  - a. Participant's first and last name
  - b. Age and grade in school
  - c. The name and address of participant's parish, including city and state
  - d. **Drawings** must be no larger than 12 x 18 and NO names on the front of drawing. Please attach a COVER PAGE or use the BACK of the drawing for the information listed above. **All drawings MUST be mailed.**
  - e. **Written entries** must be on 8 1/2" x 11" paper. Include a cover page with the identifying information listed above. Entries for 9<sup>th</sup> grade and above must be typed or printed.

**Emailed entries must be scanned in and emailed. DO NOT TAKE PHOTOS OF ENTRIES AND EMAIL THEM, THEY ARE DIFFICULT TO READ AND WILL NOT BE JUDGED.** Emailed entries must be time stamped no later than 7:00 PM of the deadline date. All entries must be submitted in English.

**ALL ENTRIES WILL BE JUDGED FOR CONTENT, CREATIVITY AND NEATNESS.**

**No entries will be accepted after the previously mentioned deadlines.**

**Please send entries to:**

**Teresa Linck:** 413 Juniper Lane, Cheshire, CT 06410

**Teresa Linck at:** [mlinck.essays@gmail.com](mailto:mlinck.essays@gmail.com)

### Prayer

*The Education Commission of the UOL will be featuring articles that focus on prayer.*

Theophan the Recluse - Homily 3 (Part Two)

### Two Types of Prayer Necessary

The work of prayer consists of a proper completion of the two types of prayer ...pious, attentive, and feeling completion of our usual prayers, and then training of the soul to frequently ascend to God through divine contemplation, turning of all things to the glory of God, and frequent crying to God from the heart.

We pray in the morning and the evening: there is a great distance between them. If we only turn to God at these times, then even if we pray wholeheartedly, during the day or night, everything will fall apart, and when it is time again to pray, the soul will feel cold and empty, as before. One can pray again wholeheartedly, but if you become cold and fall apart again, what use is it? This is just building and destroying, building and destroying; it is only labor.

If now we resolve not only to pray with attention and feeling in the morning and the evening, but also to spend every day in contemplation of God, doing all things to the glory of God, and frequently calling to God from our hearts with short words of prayer, then this long period between morning and evening prayers and from evening to morning prayers will be filled with frequent turnings to God and pure prayerful actions.

Although this prayer is not yet unceasing, it is still prayer repeated very frequently, and the more often it is repeated, the closer it comes to being constant. All of this work is towards this final and necessary goal.

### Three Aspects of Our Prayer Work

For if we resolve to do this work every day, without fail, without hesitation, look, what will become of our souls?

The fear of God is born from divine contemplation. For the fear of God is in and of itself the attainment of pious thought and the perception of God's eternal perfection and action.

From turning all of our works to the glory of God, we obtain a constant remembrance of God, or in other words, walking before God. Walking before God consists of doing nothing without remembering that you are in the presence of God.

From frequent calling out to God, or from frequent pious movements toward God in our hearts we will constantly call upon the name of God with warmth and love. When these three things: the fear of God, the remembrance of God, or walking before God, and this turning of the heart toward God with love (loving repetition of the sweet name of the Lord in the heart) then certainly the spiritual fire of which I spoke earlier will catch in the heart, and it will bring with it profound peace, constant sobriety, and living boldness. At that point, a man enters into that state where he needs no longer to desire anything greater or unnecessary on earth, and which is truly the beginning of the blessed state which awaits all in the future.

Here, in fact, that which the apostle said is fulfilled: *"our life is hidden with Christ in God"* (Col 3:3).

Add these three things to your prayerful work. They are at the same time the reward for labor and the key to the hidden temple of the Kingdom of Heaven. Having opened the doors, go inside, approach the foot of the throne of God and you will be vouchsafed a good word and an embrace from the heavenly Father, and from the depth of your being you will say: "O Lord, O Lord! Who is like Thee?" Pray about this in your work of prayer, and let each one cry out, "when will I come and appear before Thy face, O Lord? My face has sought Thee; I seek, O Lord, Thy face."

### Perfection of the Three Aspects of Prayer

I will briefly answer him who wants to know how these three things: fear of God, remembrance of God, and this loving, constant calling on the name of God, are perfected: ..begin to seek them, and the work itself will teach you how to find its perfection.

...cast aside everything that gets in the way of these things, and earnestly seek out that which aids them. The work itself will teach you how to tell which things are which.

...when you begin to be contained in your heart as you are contained in your body, surrounded by warmth on all sides, or when you begin to conduct yourself as you conduct yourself around some important person, that

(Continued on page 6)

**Why I Support the All Saints Camp Capital Campaign**

**Submitted by Melanie Nakonachny**

During the summer of 1986, my parents announced I was going to summer camp. I don't remember, prior to that time, ever hearing about All Saints Camp. I don't remember being excited. They were sending me away. Granted, I was going with many other children from my parish of St. Vladimir in Parma but regardless, I didn't want to go.

I'm so lucky that my parents signed me up for camp. My first summer at All Saints Camp changed my life.

I remember a lot from that nine year old experience. I remember my counselor, Charissa Sheptak. I remember having Megan Neal in my cabin. I remember my love for Fr. Diakiw. I remember praying together, church school classes, watching Gulliver's Travels at night on a reel to reel projector, I remember swimming, laughing, singing and having the time of my life. And, I remember crying when my parents picked me up to take me home at the end of the week. My 9 year old, reluctant self, was sold on All Saints Camp. I couldn't wait until next summer!

Over the next 20+ years, my love for All Saints Camp has continued to grow and develop. I was a camper at Diocesan Church School Camp and Teenage Conference. I've served as a counselor for both of those programs as well as for Mommy and Me/Daddy and Me. I've spent Memorial Day and Labor Day at the camp. I helped install the icons in the chapel Iconostas. I've volunteered at work weekends. I've served on the All Saints Camp Board. And, for one of the best months of my life, I served as the ASC camp manager. I've swam in the pool, know the prayer trail like the back of my hand, canoed on the river, sang by the camp fire, performed for mail in the dining hall, ran through the field...the list is endless.

A lot has changed in my life and at All Saints Camp since my first summer of 1986 but through that time, my love for the camp has always gotten stronger.

My closest friends in the world are those that I made at camp. We've laughed together, cried together and most importantly, prayed together. They are who I go to when life is hard or when I have a wonderful story to share. To this day we share funny text messages and go on weekend trips together. We came together because of All Saints Camp and remain close because of our shared experiences.

Life is different now. While I no longer have free time in the summer to volunteer at the camp, there are still ways I give back. One of those ways is through the All Saints Camp Capital Campaign. This campaign allows me to show my love for All Saints Camp. It allows me to give back on a weekly basis. It allows me to show my love for our camp that truly shaped the person I am today.

(Convention registration continued from page 3)

**REGISTRATION FORM (continued)**

Pick one choice for your Saturday night banquet selection:

- Salmon
- Beef
- Chicken

Please indicate any special diet requests:

**Additional Event Tickets**

For unregistered guests wishing to attend only select activities, we offer a limited number of single tickets to individual events. If you have friends or family in the Philadelphia area, invite them to join us at our Convention events without having to purchase a full registration packet. Let them know about these opportunities!

- Thursday Brunch (at Crowne Plaza Hotel) \$50 Jr. or Sr.  
(No. tickets \_\_\_\_\_ @ \$50.00 = \$ \_\_\_\_\_)
- Thursday Night - American Bandstand - Philly Style Fare (at St. Vladimir Church Hall)  
(No. tickets \_\_\_\_\_ @ \$35.00 (Sr.)= \$ \_\_\_\_\_ / No. Tkts \_\_\_\_\_ @ \$25.00 (Jr.) = \$ \_\_\_\_\_)
- Friday Night - Coney Island Night (at Tryzub Sports Center, Horsham PA)  
(No. tickets \_\_\_\_\_ @ \$35.00 (Sr.)= \$ \_\_\_\_\_ / No. Tkts \_\_\_\_\_ @ \$25.00 (Jr.) = \$ \_\_\_\_\_)
- Saturday Evening Banquet (at Crowne Plaza Hotel, King of Prussia, PA)  
(No. tickets \_\_\_\_\_ @ \$75.00 (Sr.)= \$ \_\_\_\_\_ / No. Tkts \_\_\_\_\_ @ \$75.00 (Jr.) = \$ \_\_\_\_\_)
- Saturday Evening Ball (at Crowne Plaza Hotel King of Prussia, PA)  
(No. tickets \_\_\_\_\_ @ \$30.00 (Sr.)= \$ \_\_\_\_\_ / No. Tkts \_\_\_\_\_ @ \$25.00 (Jr.) = \$ \_\_\_\_\_)
- Sunday Farewell Brunch (St. Vladimir Church Hall)  
(No. tickets \_\_\_\_\_ @ \$30.00 (Sr.)= \$ \_\_\_\_\_ / No. Tkts \_\_\_\_\_ @ \$20.00 (Jr.) = \$ \_\_\_\_\_)

Subtotal for Additional Event Tickets \$ \_\_\_\_\_

**Additional Donation**

I wish to make an additional tax-deductible contribution to support this year's Convention:

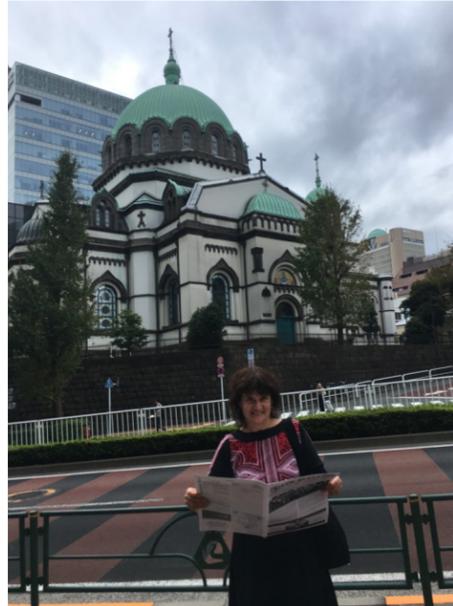
- Sponsor a Seminarian (suggested donation \$250)
- Thursday - American Bandstand Dance (suggested donation \$100)
- Friday - Coney Island Night (suggested donation \$100)
- Saturday - Banquet and Ball (suggested donation \$150)
- Sunday - Farewell Brunch (suggested donation \$75)
- Pre-Junior activities (suggested donation \$50)
- Undesignated sponsorship

Subtotal for Additional Donation \$ \_\_\_\_\_

**Total** (registration, additional tickets, additional donation) \$ \_\_\_\_\_

**UOL Bulletin Pictures**

Our UOL Bulletin has travelled across the world! Enjoy pictures of our



Our UOL Bulletin Editor Natalie Bilynsky reads the Bulletin in front of Holy Resurrection Orthodox Cathedral in Tokyo. Oleh is reading the UOL Bulletin in front of temples in Kyoto, Japan.



*Join in the fun! Take your UOL Bulletin with you and take a picture reading your Bulletin.*

*Submit pictures by sending to nsufler@aol.com*

**LSSK Scholarship  
Submitted by Anna Anderson**

If you have a high school senior, or know of one in your parish, then it is time to think about applying for the LSSK scholarship. This year is the 45th anniversary of the establishment of the LSSK scholarship. It was established in 1975 in memory of two vibrant and active young ladies, both of whom met untimely deaths. Lynn Sawchuk and Sharon Kuzbyt were very active in their Orthodox parishes and the Junior UOL and it was through the UOL that this scholarship was established.

Applicants must be high school seniors or within 5 years of high school graduation. They must be outstanding members of their Jr. Orthodox League and show academic performance, involvement in extra curricular and civic activities. Applicants are chosen by committee. There are several parts to the application that must be carefully completed to be considered by the committee.

Full instructions and LSSK Applications are available online at UOL of the USA under awards.

Applications are to be sent to Anna Anderson 908 Stewart Road Salem, OH 44460

The Deadline for applications is May 31st.

(Prayer - Continued from page 4)

is, with fear and attention so that you would not offend him, regardless of your desire to walk and act freely, or if you see, that your soul is beginning to remain with the Lord as a wife with her beloved husband, then know, that the Visitor of our souls is near, at the doors, and He will enter in and feast with you within yourself.

And these few signs, I think, are enough for zealous seekers. All of this is said only with the goal that those of you who pray wholeheartedly would know the limit of prayer, and having worked only a little and obtained only a little you would not think that you have obtained everything. Do not weaken your labor because of this, and thus put a limit on your further progress in the steps of prayer. Just as markers are placed on the sides of large roads so that those passing by them would know how far they have gone and how far remains, so in the spiritual life there are certain signs which indicate the degree of perfection of a life, which are also there, so that those who are zealous for perfection do not stop halfway and deprive themselves of the fruits of their labor, because they know how far they have come and how far remains to go. The fruit may be only a few turns away.

I conclude my word with the serious prayer, that the Lord would give you reason in all things, that you may become a perfect man, in the measure of the age of the fullness of Christ. Amen.

**St. Vladimir UOL Philadelphia, PA**

The winter is always a busy time for the St. Vladimir Senior and Junior UOL Chapters in Philadelphia and this year was no different. Our holiday season starts with our Thanksgiving Dinner. We were excited that we had special guests at our dinner, Michael and Emily Nakonachny. For the last few years our chapter has been sponsoring a Thanksgiving Dinner where all of our proceeds are donated. This year all of our profits were donated to the All Saints Camp Fund Drive. Michael Nakonachny provided an overview of the All Saints Camp Fund Drive. We were thrilled that we raised \$1,868 for All Saints Camp as part of the dinner. Additionally, members made individual donations to support All Saints Camp.

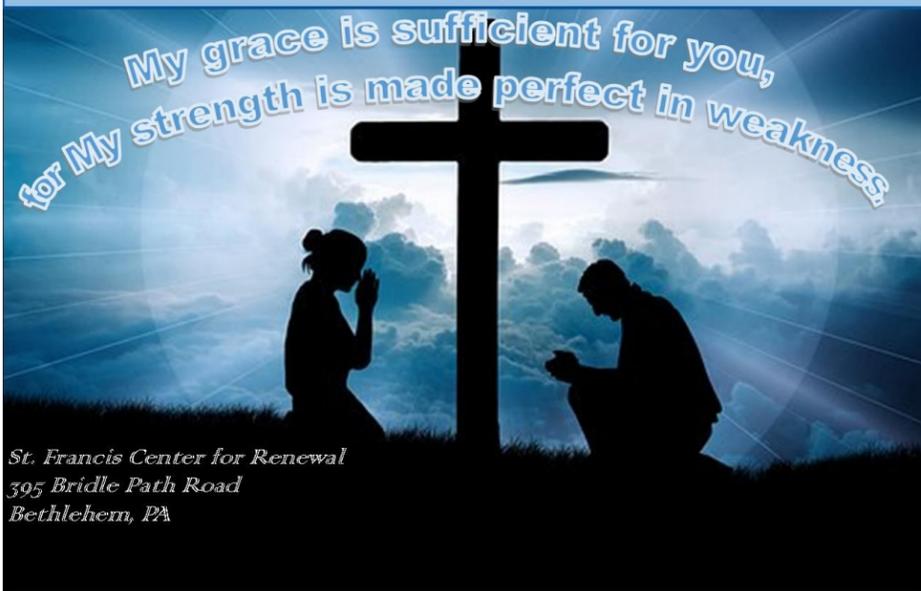
In addition to our usual UOL projects our chapter continues to fundraise for Convention 2020. This Nativity season we had a group of Juniors and Seniors who caroled to supplement our UOL Convention. We were thrilled that we were able to raise funds to support our 2020 UOL Convention.

On the eve of Theophany we hosted our traditional "Holdna Kutya" dinner. Following Vespers and the first blessing of water, we gathered in the parish hall for a dinner as one family. We set a large table each year so we can eat as one family. With approximately 60 people set at the table we enjoyed a traditional dinner and sang carols and schedrivky.

The next morning we celebrated the great Feast of Theophany. Following Divine Liturgy the entire parish came outside and Father Taras blessed the beautiful ice cross. Father Taras had a huge barrel for holy water and he lovingly splashed (for some drenched) those around him. Each year UOL members Michael Fesnak and David and Lisa Sembrot sponsor the ice cross. Following the blessing of water we met in the hall and enjoyed a lovely breakfast



**LENTEN RETREAT APRIL 4, 2020**  
 RETREAT WILL FOCUS ON HUMILITY IN THE TWENTY-FIRST CENTURY  
 LOOKING AT PSYCHOLOGICAL THEORIES RELATED TO  
 SELF-ESTEEM AND HOW THEY CAN (AND CAN NOT) BE INTERPRETED FROM  
 AN ORTHODOX PERSPECTIVE  
 Speakers: Fr. Anthony Perkins and  
 Natalie Bilynsky, Ph.D. (psychologist)



St. Francis Center for Renewal  
 395 Bridle Path Road  
 Bethlehem, PA

**Retreat registration:**  
 Adults \$50 (late fee \$10)  
 Clergy \$25 (late fee \$10)  
 Adolescents \$25 (late fee \$10)  
 Children (under 12) \$7  
 Registration due March 20, 2020

**Registration includes all meals, breakfast, lunch and dinner.**  
 For more information contact:  
 Oleh or Natalie Bilynsky at  
 nsufler@aol.com call - 610-892-7315

prepared by chairpeople Mark and Anne Bohlen.

The next Saturday we met in the parish hall for Malanka 2020. We are incredibly lucky to have Al and Debbie Shinn as the chairpeople for the Malanka. It is always a fantastic event. We enjoyed a delicious meal prepared by Chris and Tanya Peltekis. We also enjoyed delicious cakes baked by Vera Shapowalenko. A highlight of the evening, Al Shinn surprised Tony and Vera Sufler, who were named as the King and Queen of the Malanka. They have not missed a Malanka in many decades.

Our focus has been exclusively on Convention 2020. We are quite excited to have everyone join us in the City of Brotherly Love. Within this issue you will find registration material and also information regarding the UOL Yearbook.

We can't wait to see you in Philadelphia!



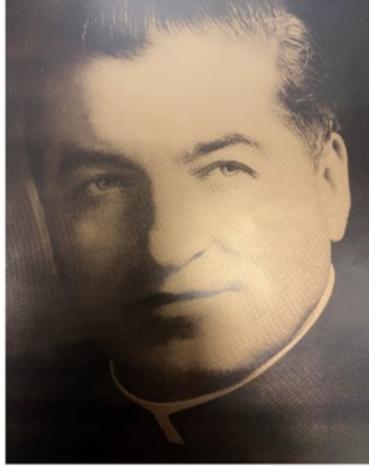
## Very Rev. Volodymyr Bukata Award

**Applications due April 30, 2020**

**please refer to the below link for instructions.**

<https://www.uolofusa.org/files/Juniors/2019-2020-Juniors-Bukata-Award.pdf>

This award was first established as the Junior Orthodox of the Year Award. In 1966, the name was officially changed as a tribute to the late Father Bukata for his dedication to the Ukrainian Orthodox League. Father Bukata was the first spiritual advisor of the League, and as part of the Organizational Committee at the 7<sup>th</sup> Sobor in Philadelphia, PA, translator of our prayer book into English. Father Volodymyr also wrote "The Orthodox Faith," the League's first publication. Fr. Bukata also edited the Youth Life supplement of the Dnipro which became the Bulletin we know today. Fr. Bukata and Olga served the Passaic, NJ Parish, and later the Newark Parish which ultimately today is based in Maplewood, NJ.



The following were awarded the Fr. Bukata Award:\*\*

- 1962 Sharlet Luciow, Holy Ghost, Slickville, PA
- 1963 Gregory Luciow, Holy Ghost, Slickville, PA
- 1964 Ray Vito, St. Vladimir, Ambridge, PA
- 1965 Margie Gonder, St. John, Sharon, PA
- 1966 Marie Siemon, St. Michael, Minneapolis, MN
- 1967 Melanie Klish, St. John, Johnson City, NY
- 1968 Karen Logay, Sts. Peter and Paul, Chicago, IL
- 1969 John Haluszczak, Sts. Peter and Paul, Carnegie, PA
- 1970 Cynthia Haluszczak, Sts. Peter and Paul, Carnegie, PA
- 1971 Mary Lynn Ford, St. John, Johnson City, NY
- 1972 John Tylko, St. John, Johnson City, NY
- 1973 Maurie Druash, St. Nicholas, Monessen, PA
- 1974 Joseph Seremula, Holy Ascension, Northampton, PA
- 1976 Karen Sabolosky, St. Vladimir, Ambridge, PA
- 1977 Michael Kapeluck, Sts. Peter and Paul, Carnegie, PA
- 1978 Ted Pishko, St. Nicholas, Monessen, PA
- 1980 Wasyl Szeremeta, Sts. Peter and Paul, Wilmington, DE
- 1981 Natalie Sufler, St. Vladimir, Philadelphia, PA
- 1982 Lisa Chebiniak, St. John, Johnson City, NY
- 1983 Lorie Simko, St. Vladimir, Ambridge, PA
- 1984 Nick Tarcha, St. John, Johnson City, NY
- 1985 Nicole Hatala, St. John, Johnson City, NY
- 1986 Steven George, Sts. Peter and Paul, Palos Park, IL
- 1987 Natalie Kapeluck, Sts. Peter and Paul, Carnegie, PA
- 1988 Joseph Grymski, Sts. Peter and Paul, Palos Park, IL
- 1989 Oksana Szeremeta, Sts. Peter and Paul, Wilmington, DE
- 1990 Mary Peyton, Sts. Peter and Paul, Carnegie, PA
- 1991 Jeff Milton, Sts. Peter and Paul, Palos Park, IL
- 1992 Jeremy Oryhon, Sts. Peter and Paul, Palos Park, IL
- 1993 Joshua Oryhon, St. John, Johnson City, NY
- 1994 William Klish, St. John, Johnson City, NY
- 1995 Melanie Nakonachny, St. Vladimir, Parma, OH
- 1996 Alicia Oryhon, Sts. Peter and Paul, Palos Park, IL
- 1997 Elizabeth Bailley, St. May, New Britain, CT
- 1998 Anna Mark, Sts. Peter and Paul, Youngstown, OH
- 1999 Christine Haines, Holy Ghost, Coatesville, PA
- 2000 Katherine Tulley, St. John, Johnson City, NY
- 2001 Jason Senedak, Sts. Peter and Paul, Youngstown, OH
- Nadia Kit, St. John, Johnson City, NY
- 2002 Elizabeth Bowman, St. Nicholas, Charlottesville, VA
- 2003 Eric Senedak, Sts. Peter and Paul, Youngstown, OH
- 2004 Christina Bohuslawsky, St. Vladimir, Parma, OH
- 2005 Marc Senedak, Sts. Peter and Paul, Youngstown, OH
- 2006 Laurel Shirk, St. John, Johnson City, NY
- 2007 Krista Ulbricht, Sts. Peter and Paul, Youngstown, OH
- 2008 Khrystyna Chorniy, Holy Ascension, Maplewood, NJ
- 2009 Joshua Burgery, St. Michael, Woonsocket, RI
- 2011 Anna Wachuk, Sts. Peter and Paul, Youngstown, OH
- 2012 Danielle Walewski, Sts. Peter and Paul, Carnegie, PA
- 2013 Constantine Shevchuk, Holy Ascension, Maplewood, NJ
- 2014 Nicholas Woloschak, Sts. Peter and Paul, Youngstown, OH
- 2017 Jeffrey Senediak, Sts. Peter and Paul, Youngstown, OH

Please consider nominating one of your Juniors! The deadline is **April 30<sup>th</sup>** with current Jr. NEB members not being eligible. Please refer to the link above under resources at uolofusa.org.

\* We apologize if there are any errors in our list of winners. If anyone has been omitted please let the NEB know so that we can correct our records.

(Carnegie - Continued from page 1)

trophy, and bragging rights for the whole year! It was a fun time for everyone!

At our Annual Anniversary Banquet in November, we once again offered scholarships to those who are attending a program in higher education. We were happy to give scholarships to 6 individuals. Some are in undergrad programs, others are taking classes for programs at our own Seminary. Speaking of the Seminary, we are enthusiastically continuing to support our Seminarians Plus Club. It has been so rewarding to personally get to know our



Seminarians this year! We have enjoyed giving them little treats and surprises throughout the school year, and praying for their continued success in their studies. But even more so, it has been wonderful to talk to them and really become a family with them.

As fall ended, we started one more program. For years we have sponsored a wonderful Great Lent Prayer Pals program that really helps us through Great Lent. Because of this, Matushka Laryssa suggested offering an Advent Prayer Pals program too. So the Sunday before Advent started, participants picked a card with a small prayer and name of their secret prayer pal on it. They prayed for their prayer pal everyday until Christmas. After Divine Liturgy, they presented their prayer pal a small gift or ornament and let them know that they were praying for them. It was very well received and we had quite a few participants, ranging in age from the 80's to 5! What a fun way for all of our generations to get to know each other.

We are now heading into our busy Spring season of preparing for our Annual Egg Sale. If you are in the area on April 5<sup>th</sup>, please stop by! We would love to see you!



### Great Lent Giveaway GLG 2020 Submitted by Rachel Harendza

By the time you begin reading this article Great Lent will have started. Accompanying Forgiveness Sunday and as a sign of the beginning of Great Lent, also comes our annual Great Lent Giveaway (GLG). As Christians, we are called to live a simpler life and give back during Great Lent. The good works of prayer, charitable work, and fasting help us focus our attention on what is most important in life. If we can think of our Lenten journey as "good work" to be taken on and shift our focus away from what we "give up," we will find that our Lenten journey will be richer and more fruitful. After all, *the purpose of the season of Lent is to help us prepare for Pascha.*

For us to be even more available to our immediate family, friends, strangers and yes, our Church family. With the last point in mind, after coming home from the past Sobor, the Juniors decided that this year, GLG 2020 would focus on Stewardship to Our Church. Now in every family we all take care of each family member, so as a Church family we have decided to make this year's project focused on our Church, the Ukrainian Orthodox Church of the USA. In some ways, like a child taking care of a parent.

In addition, at this past convention at All Saints Camp, the Junior Convention Body decided to match any funds collected, up to our goal of \$2,500. Each week a video will be posted on Social Media with a Jr. National Executive Board Member explaining a topic about Stewardship and Great Lent. Be on the look-out! Please help us achieve our goal! Look for our Posters! If you have any questions, please feel free to contact me at 607-321-3811 or at [rachharendza@stny.rr.com](mailto:rachharendza@stny.rr.com)

# UOL Tribute

**U** A donation to the Tribute Fund is an acknowledgment of a Milestone, Memorial, or Accomplishment, or is a Special Recognition of an individual or group.

**O** Your much-appreciated contribution is used to support and further the Mission of the Ukrainian Orthodox League. All donations are published in the UOL Bulletin.

## T Donator Tribute

**R** Patricia Walton In honor of Fr. Bob Popichak on the start of his 23rd year of priesthood.

**I** St. Vladimir UOL In honor of Tamara Host for chairing the chapter's Annual Svyata Vecherya.

## U To submit your Tribute:

**T** Submit a card that includes your Name and Address, the Name of the Person to Receive the Tribute, the occasion of the Tribute (for example In Memory or To Honor), and the Name and Address of the person to whom an acknowledgement card should be sent. For a contribution of \$20 or more, the name and occasion is printed in the UOL Bulletin.

UOL Tributes should be submitted to:

Natalie Bilynsky 703 Pine Ridge Road Media, PA 19063

UOL Bulletin  
c/o Natalie Bilynsky  
703 Pine Ridge Road  
Media, PA 19063

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### All Saints Camp Capital Campaign Update

Since the launch of the All Saints Camp Capital Campaign in the summer of 2019 we have received over **\$100,000** in one time donations and pledges. As you can see we are off to a great start but we still have a long ways to go. Please consider donating/pledging your financial support to All Saints Camp. As an All Saints Camp Family, we are so appreciative of all that our supporters have done to ensure that the vision of a camp for our church youth continues to grow and that it not only remains a vital part of the Church, but that it also stays relevant as we plan for the future. As we work towards the 50th Anniversary of All Saints Camp, we would like to acknowledge and thank those of you who have donated or pledged to the All Saints Camp Capital Campaign.

For information about this fundraising campaign, please visit [allsaintscamp.org/50](http://allsaintscamp.org/50) or contact Michael Nakonachny at (440) 503-3151 or [michael@allsaintscamp.org](mailto:michael@allsaintscamp.org)

#### Ways to Donate

- One-time donations
- Pledge amounts payable over five years
- Remember ASC during estate planning
- Donation of time at scheduled work weekends

#### \$25,000

Ukrainian Orthodox League of the USA

#### \$5,000 - \$7,000

Oleh & Natalie Bilynsky  
Fr. James, Pani Matka Denise Cairns and Family  
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#### \$2,000 - \$4,000

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Patricia Walton  
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#### \$1,000 - \$2,000

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St. Vladimir's Sr. UOL Chapter – Philadelphia, PA

#### \$500 - \$900

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**\$25 - \$400**  
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John Maly  
Novicky Family  
Sts. Peter & Paul - Lyndora, PA  
Serge & Natalie Sherstyuk  
Alexander & Amanda Zetick

*Every effort is made to recognize our generous donors. Please notify us if a correction is needed.*

Friends of all ages and skill-sets are invited to participate in light labor and beautification projects around All Saints Camp. No experience necessary. Volunteers stay at camp and meals are provided.

Join us for the 2020 Work Weekends:

#### 2020 Work Weekends

March 20-22, 2020

April 3-5, 2020

May 8-10, 2020

May 29–June 6, 2020 work week



#### 73rd Annual Ukrainian Orthodox League Convention

Hosted by:  
St. Vladimir Jr./Sr. UOL Chapters  
Philadelphia, PA  
July 22-26, 2020



*"For we walk by faith, not by sight"- Corinthians 5:7*

#### COMMEMORATIVE YEARBOOK ADVERTISING FORM

	Outside back cover	\$250 ( )		
Inside Cover front	\$200 ( )	Inside Cover back	\$200 ( )	
Full Page	\$175 ( )	Half Page	\$90 ( )	
Quarter Page	\$45 ( )	Eighth Page	\$30 ( )	
Business Card	\$30 ( )	Patrons List	\$20 ( )	

Those purchasing a full-page ad will receive a complimentary ad book. Additional copies can be purchased for \$20 each. Please list all your information as you would like it to appear, using a separate sheet. If your ad is not camera ready, please add \$10 for a set-up fee. Photos will not be returned. The yearbook is printed in black and white. Reproduction quality cannot be guaranteed, but black & white material prints best. Pages are 8.5x11 and divided accordingly.

Please email your ad to: [73rduolconvention@gmail.com](mailto:73rduolconvention@gmail.com)

We will also accept ads submitted via US Mail.

Mail all money and/or forms by June 1, 2020 to:  
73rd UOL Convention  
c/o Edward Zetick  
415 Johnson Street - Suite 101  
Jenkintown, PA 19046

Please make checks payable to "73rd UOL Convention"

Name: \_\_\_\_\_ E-mail: \_\_\_\_\_

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